



Sensitive Skin Treatment Protocol

FEATURES OF TREATMENT:

This treatment is for those clients with sensitive or sensitized skin. This restorative treatment specifically reduces inflammation, redness, and itchiness while calming, healing and nourishing the skin. This treatment also adds a great exfoliation and deep hydration that can improve complexion and boost skin's immunity, which will help prevent future irritations.

BENEFITS OF TREATMENT:

- Calms sensitive, red, inflamed and irritated skin.
- Creates a more even skin tone.
- Supports and helps to repair skin's microbiome and barrier function.
- Produces anti-inflammatory and anti-allergy effects to heal skin from the inside out.
- Supports moisture and protection against environmental-damage effects.
- Offers detoxifying and brightening benefits.
- Soothes and cools skin immediately on contact.

PRODUCTS:

- **Quiet Wash**
- **Refine Polish**
- **Mist Me Spritz**
- **Hush Hydrate Mask**
- **Relief Bio-Powder**
- **Soothe Essence Serum**
- **Eye Mousse or Brilliant Eye & Lip Serum**
- **Hush Hydrate Gel or Vital Lipid Lotion**
- **Broad Spectrum SPF 30**

HIGHLIGHTED PRODUCTS:

Refine Polish is an exfoliating polish designed to stimulate skin's surface gently, leaving behind a smooth, clear and glowing complexion. It helps repair the barrier while calming the skin and reinforcing the microbiome. Jojoba beads are gentle on the skin and a wonderful option for any skin type, but especially sensitive skin. (pH 5.6)

Hush Hydrate Gel/Mask is a delicate and moisturizing formula chock full of botanical extracts, antioxidants, and skilled inflammation fighters. Our mask contains a potent anti-inflammatory and anti-allergic compound found proven to comfort aggravated and inflamed skin.

STEPS FOR TREATMENT:

PRE-CLEANSE: Apply ½ to 1 pump of **Quiet Wash** and emulsify with tepid water. Rinse thoroughly.

CLEANSE: Apply ½ to 1 pump of **Quiet Wash** and emulsify with tepid water. Rinse thoroughly.

EXFOLIATE: Apply Apply ½ teaspoon of **Refine Polish** to face and neck and massage in gentle circular motions for 3-5 minutes and rinse well. (If necessary, perform an additional cleanse using ½ to 1 pump of **Quiet Wash**.)

NOURISH: Wipe skin with wet, soft gauze or cotton soaked in 3-4 sprays of **Mist Me Spritz**.

MASK: Apply ½ to 1 tablespoon of **Hush Hydrate Mask** with 2-3 shakes of **Relief Bio-Powder** liberally for 5-10 minutes. Remove residual mask with towel.

TREAT: Apply 1-2 pumps of **Soothe Essence Serum** to face and neck.

ENHANCE: Apply ¼ pump of eye treatment (**Eye Mousse** or **Brilliant Eye & Lip Serum**) to the eye area.

HYDRATE: Apply 1-2 pumps of moisturizer (**Hush Hydrate Gel** or **Vital Lipid Lotion**) to the face and neck.

PROTECT: Apply 1-2 pumps of **Broad Spectrum SPF 30** to face and neck.

TREAT: Apply ¼ pump of **Brilliant Eye & Lip Serum** to the lips.

See Reverse for Notes & Contraindications

**NOTES AND RECOMMENDATIONS:**

- Prior to performing this protocol, it is recommended to patch test specific products on all clients especially with sensitive and Health-Challenged Skin[®].
- Wear gloves and sanitize regularly.
- Use steam & hot towels with extreme caution. Have cool towels available if client is agitated by ingredient activity to remove product quickly.
- Do not heavily rub or try to penetrate the product into the skin.
- Check the client's health history for medications, allergies or sensitivities to any ingredients in any of these products.
- An effective at home skincare routine is recommended for every client.

CAUTIONS AND CONTRAINDICATIONS:

- Do not use on skin with open lesions, sores or wounds.
- Do not use on broken/cracked, sun-burned or rashy skin.
- Do not use on open comedones, or cystic acne (grades 3 & 4).
- Do not use on clients with compromised barriers or active skin conditions.
- Do not use on clients who have allergies to natural fragrances (Mist Me Spritz).
- The use of SPF is recommended daily for future skin protection.
- Check with physician if client is pregnant, breast feeding, on chemotherapy drugs, have a severe autoimmune disease or any health condition that may need a physician's release to perform this treatment.
- Please refer to a Physicians Desk reference manual to assure there will be no conflicts with prescribed or OTC medications and ingredients used in these products.
- Avoid contact with eyes. Keep out of reach of children.
- If any reactions occur during treatment, cease the use of these products immediately.

*Please refer to the specific product data sheets with additional questions, concerns and for the complete ingredient listing for each product.