# HALE&HUSH. | Z/Q TREATMENT PROTOCOL

# Incredible Enzymes Sensitive Skin Protocol & Zayn Multifunctional Rejuvenation Tool

### **FEATURES OF TREATMENT:**

Incredible Enzymes is a powerhouse against lusterless skin. It optimizes the skin's complexion on the surface and at the cellular level, using a blend of botanical exfoliating enzymes and refinement assistants that work together to rejuvenate and repair tone and texture while brightening and clarifying the skin (pH 5.6).

#### **FEATURED MODALITY:**

Zayn Multifunction Facial Therapy Device. This small yet effective tool includes red and blue light therapy, microcurrent, heat therapy and vibration therapy. It provides a range of benefits including improved collagen production, acne reduction, facial sculpting, enhanced muscle tone, better product absorption, and overall skin rejuvenation.

#### **BENEFITS OF TREATMENT:**

- Optimizes complexion on surface and cellular levels.
- Rejuvenates, exfoliates, and clarifies texture.
- Naturally lightens and evens skin tone.
- Deeper exfoliation and detoxifying of the skin.
- Deeper product penetration and effectiveness.
- Improve firmness on the face and neck.
- Visibly reducing signs of aging.

#### **PRODUCTS:**

- Quiet Wash
- Incredible Enzymes
- Mist Me Spritz
- Hush Hydrate Mask
- Relief Bio-Powder

- Soothe Essence Serum or Rare C Serum or Rare Mandelic Serum or Rare Retinal Serum
- Eye Mousse or Brilliant Eye & Lip Serum
- Hush Hydrate Gel, Vital Lipid Lotion or Saffron Meristem Cream
- Broad Spectrum SPF 30

### **TOOLS:**

• ZAQ Zayn: 5-in-1 Therapy Device

# STEPS FOR TREATMENT

**PRE-CLEANSE:** Apply a dime size amount of **Quiet Wash** directly to skin to remove make up and oils. Then add water to the skin and cleanse. Remove thoroughly with a cool towel or microfiber pads.

**CLEANSE:** Apply a dime size amount of **Quiet Wash** emulsify with tepid water and cleanse the skin. Rinse thoroughly with a cool towel.

**EXFOLIATE:** Apply a thin layer of **Incredible Enzymes** to skin for 3-5 minutes and rinse well with cool towel. (If necessary, perform an additional cleanse using **Quiet Wash**.)

**TREAT:** Mix 6-10 pumps of desired serum (**Soothe Essence Serum**, **Rare C Serum**, **Rare Mandelic Serum** or **Rare Retinal Serum**) in a mask bowl. Apply serums with fan brush to half of the face and neck, use the **Zayn Tool** in upwards motion for 2-3 minutes. Apply serum with fan brush to the other half of the face and neck, use the **Zayn tool** in upward motion for 2-3 minutes. (Total treatment time is 6-7 minutes)

See Reverse for continued Steps for Treatment, Notes & Contraindications

#### **STEPS FOR TREATMENT** (CONTINUED)

**MASK:** Apply a quarter size amount of **Hush Hydrate Mask** with 3-5 shakes of **Relief Bio-Powder** in bowl and combine. Liberally apply to the skin with mask brush and let penetrate the skin for 5-10 minutes. Remove residual mask with cool towel.

**TREAT:** Apply 2-3 pumps of desired serum (**Soothe Essence Serum**, **Rare C Serum**, **Rare Mandelic Serum** or **Rare Retinal Serum**) to skin.

**ENHANCE:** Apply a ¼ pump of **Eye Mousse** to the eye area.

**HYDRATE:** Apply 2-3 pumps of appropriate moisturizer according to skin type (**Hush Hydrate Gel**, **Vital Lipid Lotion** or **Saffron Meristem Cream**) to face and neck.

PROTECT: Apply 1-2 pumps of Broad Spectrum SPF 30 by patting sunscreen into the skin.

TREAT: Apply ¼ pump of Brilliant Eye & Lip Serum to the lips.

#### **NOTES AND RECOMMENDATIONS:**

- Prior to using this product, it is recommended to patch test all clients especially with sensitive and Health-Challenged Skin®.
- Wear gloves and sanitize regularly.
- Use steam & hot towels with extreme caution. Have cool towels available if client is agitated by ingredient activity to remove product quickly.
- Do not heavily rub or try to penetrate the product into the skin.
- Check the client's health history for medications, allergies or sensitivities to any ingredients in this product.
- Do not leave product on skin longer than the recommended time.
- Follow all protocols and instructions for the ZAQ Zayn 5 in 1 Facial Device listed in the owner's manual provided by ZAQ Skincare.

## **CAUTIONS AND CONTRAINDICATIONS:**

- Do not use on skin with open lesions, sores or wounds.
- Do not use on broken/cracked, sun-burned or rashy skin.
- Do not use on open comedones, current breakouts or cystic acne (grades 3 & 4).
- $\bullet\,$  Do not use on clients with compromised barriers or active skin conditions.
- Do not use on clients who have allergies to natural fragrances.
- This product contains four enzymes (pineapple, papaya, fig and pomegranate). The use of SPF is mandatory for 2 weeks daily following application of this product.
- It is recommended that use of Vitamin A (retinals and retinols), enzyme masks or scrub/polishing products not be used within 5 days of this treatment.
- Do not wax 3 days before or one week after treatment.
- Check with physician if client is pregnant, breast feeding, on chemotherapy drugs, have a severe autoimmune disease or any health condition that may need a physician's release to perform this treatment.
- Avoid contact with eyes. Keep out of reach of children.
- Please refer to a Physicians Desk reference manual to assure there will be no conflicts with prescribed or OTC medications and ingredients used in this product.
- If any reactions occur during treatment, cease the use of this product immediately.
- Avoid all contraindications for the ZAQ Zayn 5 in 1 Facial Device listed in the owner's manual provided by ZAQ Skincare.

<sup>\*</sup>Please refer to the product data sheet for Incredible Enzymes for additional questions, concerns and for the complete ingredient listing for this product.
\*Please refer to the owner's manual or pamphlets for all questions regarding the ZAQ Zayne 5 in 1 Facial Device or contact ZAQ Skincare with any questions or concerns.