

Incredible Enzymes Sensitive Skin Protocol

with LightStim+ LED Anti-Aging Pro Panel, Elipsa, or Pro Handheld devices

FEATURED PRODUCT

Incredible Enzymes

A high-performance exfoliating treatment formulated for sensitive skin. This advanced enzyme blend combines botanical exfoliants (pineapple, papaya, fig, and pomegranate) with refinement co-factors to gently resurface the skin, promote cellular renewal, and enhance clarity, tone, and texture. pH 5.6.

FEATURED MODALITY

LightStim

LED or low-level light therapy is perfect for sensitive skin and can stimulate the body's cells, activating their own natural processes for healing, renewing cell function and reducing inflammation. LightStim Anti-Aging devices work to rejuvenate the skin, improve skin tone, reduce fine lines and wrinkles, diminish the appearance of redness and optimize skin function.

TREATMENT BENEFITS

- Optimizes complexion on surface and cellular levels.
- Rejuvenates, exfoliates, and clarifies texture.
- Naturally lightens and evens skin tone.
- Deeper exfoliation and detoxifying of the skin.
- Deeper product penetration and effectiveness.

PRODUCTS

- Quiet Wash
- Clarify Wash
- Incredible Enzymes
- Mist Me or Fresh Breeze
- Hush Hydrate Mask, Berry Boost Mask, or Charcoal Clarifying Mask
- Relief Bio-Powder
- Soothe Essence Serum, Rare C Serum, Rare Mandelic Serum, or Rare Retinal Serum
- Eye Mousse
- Hush Hydrate Gel, Vital Lipid Lotion, HydroMelon Cream, or Saffron Meristem Cream
- Broad Spectrum SPF 30
- Brilliant Eye & Lip Serum

TOOLS

- LightStim+ LED Anti-Aging Pro Panel, Elipsa, or Pro Handheld devices.

TREATMENT PROTOCOL

1. Pre-Cleanse

Apply 1-2 pumps of **Quiet Wash** directly to dry skin. Gently emulsify with water to remove makeup and surface oils. Remove thoroughly with a cool, damp towel or microfiber pad.

2. Cleanse

Dispense 1-2 pumps of **Quiet Wash** (or **Clarify Wash** for oily/combo skin). Emulsify with tepid water and cleanse thoroughly. Rinse and remove with a cool towel.

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TREATMENT PROTOCOL (*continued*)

3. Exfoliate

Apply ½ teaspoon or a thin, even layer of **Incredible Enzymes** to the face and neck. Gently massage into the skin and leave on for 3–5 minutes. Rinse thoroughly with cool water and remove with a damp towel. If residue remains, perform a brief secondary cleanse with **Quiet Wash**.

4. Nourish

Wipe skin with wet, soft gauze or cotton soaked in **Mist Me** or **Fresh Breeze**.

5. Treat

Apply 1-2 pumps of either **Soothe Essence Serum** or **Hush Hydrate Gel/Mask** to face and neck before LED Light Therapy.

Note: Do not use Relief Bio-Powder with Hush Hydrate for this step

6. LED Light Therapy

Cover eyes with goggles and place **LightStim+ Pro Panel** over the skin for 20 minutes.

7. Mask

Place 1 Tablespoon of **Hush Hydrate Mask**, **Berry Boost Mask** (Mature/Dry), or **Charcoal Clarifying Mask** (Oily/Acneic) with 3-5 shakes of **Relief Bio-Powder** in bowl and combine. Liberally apply to the skin with mask brush and let penetrate the skin for 5-10 minutes. Remove residual mask with cool towel.

8. Treat

Apply 1-2 pumps of choice of serums for skin type (**Soothe Essence Serum**, **Rare C Serum**, **Rare Mandelic Serum**, or **Rare Retinal Serum**) to face and neck.

10. Enhance

Apply ¼ pump of **Eye Mousse** to the orbital area using a light patting motion.

11. Hydrate

Apply 2–3 pumps of appropriate moisturizer based on skin type:

- **Hush Hydrate Gel** (± **Relief Bio-Powder** mixed) – lightweight, soothing
- **Vital Lipid Lotion** – barrier repair
- **Saffron Meristem Cream** – anti-aging
- **HydroMelon Cream** – hydration boost

12. Protect

Apply 1–2 pumps of **Broad Spectrum SPF 30**, patting gently into skin.

13. Final Treat

Apply ¼ pump of **Brilliant Eye & Lip Serum** to lips, cheekbones, brow bones, and tip of nose for a luminous finish.

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PROFESSIONAL NOTES & RECOMMENDATIONS

- Patch test all clients 24–48 hours prior, especially those with sensitive or health-compromised skin.
- Wear gloves and sanitize tools between clients.
- Use steam and hot towels with caution; keep cool towels on hand for immediate removal if irritation occurs.
- Avoid aggressive rubbing or over-application.
- Do not exceed recommended dwell times.
- Review client health history for medications, allergies, or sensitivities.
- Follow all protocols and instructions for the LightStim+ Pro Panel, Elipsa or Pro Handhelds listed in the owner's manual provided by LightStim+.

CAUTIONS & CONTRAINDICATIONS

Do Not Use On:

- Open wounds, sores, or lesions
- Sunburned, cracked, or rash-prone skin
- Active cystic acne (Grade 3–4) or open comedones
- Compromised skin barrier or inflammatory conditions
- Clients allergic to natural fragrances

Additional Precautions:

- Contains four fruit enzymes — SPF mandatory post-treatment
- Avoid retinoids, enzyme masks, or exfoliants 5 days before/after
- No facial waxing 3 days prior or 1 week post-treatment
- Physician clearance required for pregnancy, chemotherapy, severe autoimmune conditions, or relevant medications
- Avoid eye area contact
- Keep out of reach of children
- Refer to Physician's Desk Reference for potential drug-ingredient interactions
- Cease treatment immediately if adverse reaction occurs
- Adhere to all **LightStim** contraindications in the official manual

Protocol Designed for Licensed Estheticians to incorporate a LightStim LED Light Therapy using Hale & Hush products into their services.

*Please refer to the product data sheet for Incredible Enzymes for additional questions, concerns and for the complete ingredient listing for this product.

*Please refer to the owner's manual for all questions regarding the LightStim+ Pro Panel, Elipsa or Pro Handhelds or contact LightStim+ with any questions or concerns.